



CREATE YOUR OWN: LUNCHBOX AFFIRMATION NOTES

Everyone loves a sweet surprise, and nothing says, “I’m thinking about you” more than a note inside your kiddo’s lunchbox! Send them off with fun and affirming words to give them a healthy boost of confidence at lunch or snack time. They’re even great for kids to share with parents! Just print, cut and pop into any lunch container or simply use the blank note cards provided to create your own sweet sayings.

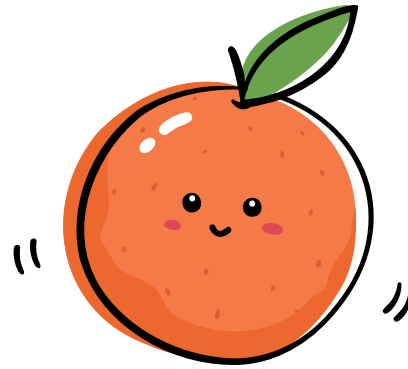
- 1 Print the Lunchbox Affirmation Notes
- 2 Cut out each note along the dotted lines
- 3 Place the note in a lunchbox or other fun hiding place for a loved one to find later!

Tip: Use the empty spaces under Bobby Banana and Pinellopy Pineapple to write your own note, or make your own custom creation on the blank notes!





BANANAS FOR YOU



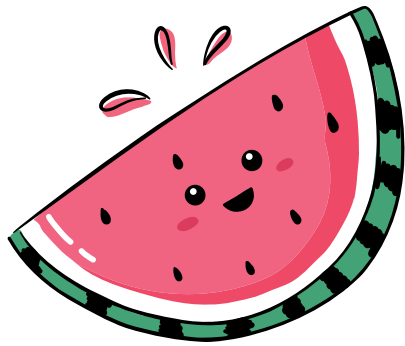
ORANGE YOU THE CUTEST



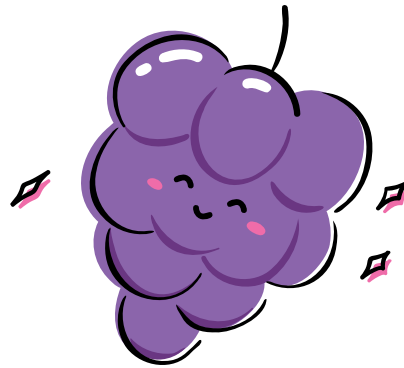
YOU'RE THE PINEAPPLE
OF MY EYE



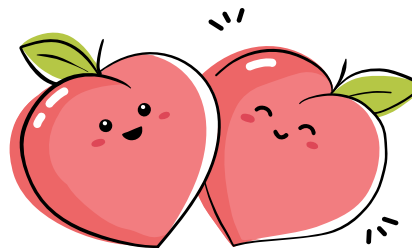
I LOVE YOU BERRY MUCH



YOU'RE ONE IN A MELON



SO GRAPE-FUL FOR YOU



I A-PEACH-IATE YOU



YOU'RE SIMPLY THE ZEST



HAVE AN A+ DAY!



ALWAYS REMEMBER TO TRY YOUR BEST!



YOU CAN DO HARD THINGS!



NOTHING CAN STOP YOU FROM REACHING YOUR DREAMS!



YOU'RE THE KINDEST KID I KNOW!



KEEP BEING AMAZING!



ANYTHING IS POSSIBLE!



BELIEVE IN YOURSELF!

CREATE YOUR OWN LUNCHBOX AFFIRMATION NOTES!



LOOKING FOR MORE?

Back to School is the time for creativity and broadening horizons. Explore all the kid- and family- friendly healthy and delicious recipes at Dole.com or just scan the QR codes below!



Orange Super Smoothie



Lion Cub Lunch

