

CREATE YOUR OWN: FRUIT VALENTINES

Everyone loves a sweet surprise, and nothing says, "Happy Valentine's Day!" more than a sugary-sweet Fruit Valentine. Send your kiddos off with loving and affirming words to give them a healthy boost of confidence, or share the fruit-astic fun with classmates. They're even great for kids to share with parents! Just print, cut and attach to a DOLE[®] Banana for a healthy and sweet fresh Valentine's Day treat!

- Print the Fruit Valentines
- 2 Cut out each valentine along the dotted lines & fold in half
- **3** Write in the "To's" and "From's" on the back of each valentine
- Cut a hole at the center of the fold
- **5** Push the valentine over the stem of a DOLE[®] banana, or tie on with a string





